

THE WAY I SEE IT, IF YOU WANT THE RAINBOW, YOU GOTTA PUT UP WITH THE RAIN – DOLLY PARTON



A Message from the office:

Hello families,

Children come into contact with many other children and adults in the early childhood environment increasing their exposure to others who may be sick or carrying an infectious illness. The National Quality Standard requires early childhood education and care services to implement specific strategies to minimise the spread of infectious illness and maintain a healthy environment for all children, educators and families.

We acknowledge the difficulty of keeping children at home or away from childcare when they are sick and the pressures this causes for parents, however our Service aims to minimise the transmission of infectious diseases by adhering to regulations and policies protecting the health of all children, staff, families and visitors.

ON *this* MONTH

At Bay Island Early Learning and Care


September Days



- 1st - Early Educators Day
- 5th - Father's Day
- 5th - 11th - National Child Protection Week
- 5th - 12th – Superheroes Week
- 9th - R U OK Day
- 17th - School Term Ends
- 19th - Talk Like A Pirate Day
- 20th – Footy Colours Day
- 30th - World Maritime Day

Keep in touch on Facebook



Bay Island Early Learning and Care

Child Safety Tip	Community Links
<p style="text-align: center;">Looking after your child's wellbeing</p> <p>Wellbeing comes from physical, mental and emotional health. For children and young people, there are many things that build positive wellbeing.</p> <p>Wellbeing can come from:</p> <ul style="list-style-type: none"> • understanding and managing emotions • having good relationships • experiencing a sense of accomplishment • using their strengths • taking part in healthy activities, getting lots of sleep and eating well. 	<p style="text-align: center;">THE FATHERING PROJECT</p> <div style="display: flex; justify-content: space-between;"> <p>THE PURPOSE OF PARTNERING WITH THE FATHERING PROJECT IS THAT THEY HAVE FOUND THROUGH THEIR RESEARCH THAT THE ROLE OF A FATHER IN THE LIFE OF CHILD IS PROFOUND AND AS A DAD, THEY WANT TO HELP YOU BE THE BEST FATHER AND FATHER FIGURE THAT YOU CAN BE. THIS IS A SIMPLE BUT EMPOWERING PROCESS WHERE WE INVITE THE FATHERS AND FATHER-FIGURES FROM OUR SCHOOL COMMUNITY TO GET TOGETHER FOR FUN AND ENGAGING EVENTS WITH THEIR KIDS; AND AS MEN, SUPPORT AND ENCOURAGE EACH OTHER IN THIS INFLUENTIAL ROLE.</p>  </div> <p style="text-align: center;">TO KNOW MORE CONTACT MACLEAY ISLAND STATE SCHOOL</p>

Sustainability at Home	Sustainability in the Service
<p style="text-align: center;">Spring is Here!!!!</p> <p>Here are some water saving tips for home gardeners.</p> <ol style="list-style-type: none"> 1. Reinforce your soil. Plants absorb nutrients from the soil. 2. Water at the right frequency and time 3. Water with the right amount 4. Use the best watering systems for your type of garden. 5. Reuse old water or collect rainwater. 	<p>Implement sustainable practices in our office</p> <p>eco-friendly practices that we have implemented around the office:</p> <ul style="list-style-type: none"> • Setting printers and monitors to sleep mode • Turning machines and devices off at night • Using energy efficient lighting • Adjusting the thermostat for optimal cooling and heating 

Early Years Learning Framework in Action

The Abecedarian Approach

The Abecedarian Approach is one of the few evidence-based, proven programs that integrates basic principles of human learning and development into a fun and effective approach to early childhood education.

The Abecedarian Approach, places a priority on children's language acquisition, because research shows that language is key to children's early learning and school readiness. Language allows children to organise their thoughts and explain their ideas; it gives them the means to express their feelings; and the tools they need to interact with peers and adults to make connections with those around them.

Language also allows children to use private speech, talking aloud to themselves to work through a problem or regulate their emotions. As our children get older, they internalise this speech so that it is no longer out loud but still a means of guiding their behaviour and navigating the world around them.

Ocean Turtles

Hello families, this month we have had a great time in our ocean room filled with learning through play. This month we explored textures and colours through sensory activities that allow children to engage in learning experiences that build and strengthen their social skills, colour recognition skills and explore their sensory skills. Sensory activities also allow children to refine their thresholds for different sensory information, helping their brain to create stronger connections to sensory information and learn which are useful and which can be filtered out.



We have also celebrated book week where we explored the three little pigs, this allowed us to build on our communication skills as we use the abecedarian approach – How we used the abecedarian approach is “See” we made the straw, sticks & brick houses, “Say” we read the book & “Show” showed them the houses we made and had finger puppets, this helped maximise their learning opportunity.

Next month we look forward to exploring spring as we enter a new season. We will be doing this by exploring nature and our gardens within the centre along with planned activities and spontaneous intentional teaching moments allowing children to be connected with the world around them as they learn through play.

Ocean Joey's



This month in the Ocean Room we have explored and extended on the children's interest in shopping creating a “shop” filled with everyday items in hopes of creating a literacy rich environment and a space for the children to use their imagination and to engage with one another.

We have also celebrated science week with fun colourful science experiences providing sensory opportunities, mathematic and descriptive conversation extending our vocabulary. Science education within our learning environment provides children with opportunities to develop and practice many different skills and attributes. These include collaborative skills, team working and perseverance, as well as analytical, reasoning, and problem-solving skills.

We have encouraged and provided lots of Group activities Encouraging the children to be social using the vygotsky theory and have the voice is heard and Incorporated into our program.

The children have been very interested in watering the gardens and coming into spring we look forward to exploring the season and extending the children's knowledge of environment and learning to care and respect it.

We have also been scaffolding our self-help skills creating opportunities to use our fine motor.





Bush News

Bush Koalas – The Bush-Koala children has been very busy practicing recognising their name tags without their pictures (covered the pictures). We use circle time as an opportunity to practice recognising not only their child's name but the name of all our classmate as well. We spread all the name tags on the carpet and children took turns searching their name and placed on the wall.

This activity's helped children to build their confidence and independence as they interacted with others.

This month we're very lucky to celebrate Science week and book week in the same month. For the science week Bush-Koala children created Magic milk and Celery stalk experiments.

As part of element of Early Year Learning Framework, children are confidence and involve learners - it gives basic grounding in science concepts and scientific thinking by encouraging and directing their natural curiosity and familiarising them with basic scientific vocabulary and also help children to make a sense of the world around them and gain some understanding of how things work.

Next month we looking forward another exciting celebration of "Father's Day" with a lot of art and crafts activities.

Until next month and take care!...



Bush-Koala team.



UNO NUMERACY AND MORE

1. COLOUR RECOGNITION. Let toddlers **divide Uno cards by colour**. It will enhance their knowledge of basic colours (yellow, red, blue, green). Age 2+.

2. NUMBER RECOGNITION USING UNO CARDS. Picking the same number, colour is irrelevant.

3. SORTING UNO CARDS BY COLOR AND NUMBER.

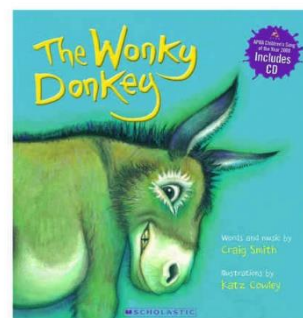
A little bit more enhanced: Sorting by both colour and number.

4. GO FISH. Shuffle the cards, deal each of the players 5 cards, other cards face down on the table. One player calls out the card he / she has in hand (example: "Do you have red No.1?"). Other players check their hands, if they have it, they collect both cards, and if they don't, they draw another card from the pile. A player who collects most cards is the winner.

Source: besttoys4toddlers.com

Rainforest

This month has brought some wonderful experiences beginning with Olympics, diversity of athletes leading us to the wonderful story and song of The Wonky Donkey.



The children have enjoyed the opportunity to apply science inquiry as they show curiosity and making predictions to be then tested. We enjoyed science in art, cooking, experiments and activities that support making discoveries. Our highlights included chemical reactions of bi-carb and vinegar blowing up balloons, using natural resources to make potions and creating magic pictures using candles to draw and then painting with the coloured water made with old felt tip pens we soaked in water.



Book week is a great opportunity to further submerge the children in rich literacy developing a positive disposition towards the joy of reading and listening to stories. We have begun our favourite book presentations with the children displaying confidence to speak in front of their peers sharing their favourite book from home. We are exploring the roles of presenter and audience during this experience encouraging more complex sentences as the children answer three questions related to the book. The kindergarten children explored dinosaurs and Indigenous hand stencils as the old world, space and exploding stars

with an art piece of the galaxy and then exploring fantasy as new worlds describing their ideas as they created a collage. September and the warmer weather are already just around the corner providing us with the opportunity to observe the changes that will come with new growth in the world around us. We will be planting our summer produce and caring for our crops as they



grow. We look forward to supplying the children with our salad ingredients during meals.

I plan to embed our theme of All About Me to explore the uniqueness of each individual child, feelings, strategies to regulate emotions and discover their insights to how they are feeling about starting their first year into school as they enter Prep. Until next month.

Light and love
The Kindergarten Team.

MANGO, COCONUT AND MACADAMIA MUFFINS



PREP 10 min | COOK 30 min SERVES 12

INGREDIENTS

- 2 cups spelt flour
- 4 tsp baking powder
- 1/4 tsp bicarb soda
- 2 eggs
- 4 tbsp unsalted butter, melted
- 1/2 cup milk of choice
- 1/2 cup Greek yoghurt
- 1 tsp vanilla
- 1 cup mango diced
- 1/2 cup macadamia nuts, chopped
- 2 tbsp shredded coconut

METHOD: Preheat oven to 180 C. **Whisk** the eggs and add the milk, yoghurt, vanilla, melted butter and mango and stir to combine. **Add** in the flour, baking powder and bicarb soda. **Mix** to combine. **Pour** the mixture into 12 muffin cases and sprinkle with the nuts and coconut. **Cook** for 30 minutes before cooling on a wire rack.

Dietary Tips:

Dairy free: use coconut yoghurt and a plant-based milk such as oat, coconut or almond and swap the butter for coconut oil. **Vegan:** use 2x chia eggs, coconut yoghurt, coconut oil and a plant-based milk **Gluten free:** use either a gluten free flour or buckwheat flour

App reviews

Entertain, engage, learn
laugh and play!



DAILY VROOM

VROOM, | 2+

By tapping into kids' natural drive to explore and learn about their everyday world, this app's tips engage kids on a deeper learning level and encourage more fun, meaningful adult-child interactions.

Every day, Vroom delivers a tip for you and your child right to your phone. You'll get tips chosen for your child's age. Explore tons of tips and find ones that are just right for your family. There's brain science behind every Vroom tip. With each short activity, you teach your child the life skills that help them thrive.

ZIGAZOO: KID-POWERED VIDEOS

EDUCATIONAL GAMES FOR KIDS | 5+

Zigazoo makes education fun by encouraging kids' learning with engaging, interactive games for kids! Created by parents and teachers, Zigazoo is the number one kid safe app that encourages kids to be creative and learn. Parents can sit back and relax as their children enjoy safe screen time and educational media with Zigazoo!

THINKROLLS

AVOKIDDO | 3+

Boost your child's brain power and intelligence! Thinkrolls is an award-winning logic puzzle game that helps young kids develop reasoning and problem-solving skills through a delightful and engaging gameplay.



TEACH YOUR CHILDREN ABOUT OCEANS AND OCEAN LIFE

As parents, we all know that our children are our future, so that's why we have to start teaching them at an early age to respect and love our natural world, especially our beautiful oceans.

How can we do that?

- Visit the sea aquarium to give your children an up-close view of sharks, sea turtles, manta rays and other ocean life.
- Share books about the ocean and its creatures, which can delight your children.
- Explore the ocean via the internet together.
- Buy sea animal toys. Playing with these toys can help children to build their relationship with these creatures.
- Do ocean-themed craft activities, such as making sand jars and a paper-plate aquarium, etc.
- And remember, 'A visit to the ocean will be the best thing you can ever do for them.'

Source: <https://saveourseas.com/sosf-shark-education-centre/teach-your-children-about-oceans-and-ocean-life/>

HEALTH & SAFETY: Dental Care for Children

Tooth decay in children is on the rise in Australia, with children aged 5 to 10 having an average of one and a half decayed, missing or filled baby teeth. So, it's more important than ever to teach your child good oral health habits that will stay with them for life.

Caring for children's teeth is important

It is important to look after your child's teeth from the moment they start teething. Keeping your child's teeth and gums clean will protect against infection, cavities and pain. Decayed baby teeth can damage the permanent teeth underneath. If a child loses a tooth because of decay, it can cause crowding problems when their adult teeth come through later.

Teeth development

Baby teeth can arrive in any order, although the central bottom teeth are often first. Most children have a full set of 20 baby teeth by the time they're three years old. The 32 adult teeth replace the baby teeth between the ages of 6 and 20 years.

Tips to keep your child's teeth clean

- Brush your child's teeth twice a day, using small circular motions. Their teeth should be cleaned after eating and before bed using toothpaste with fluoride that is suitable for children. This can help to strengthen the outside of the teeth and prevent decay. Make sure they brush for at least 2 minutes and remind them not to swallow the toothpaste.
- Help your child to brush their teeth from the time they get their first tooth until they are 7 or 8. After that, supervising them is still important.



Keeping toothbrushes clean

After cleaning your child's teeth and gums, rinse the toothbrush with tap water. Store the toothbrush upright in an open container to allow it to air-dry. You should replace toothbrushes every 3-4 months, or when the bristles get worn or frayed.

Visiting the dentist

Regular check-ups - Regular dental check-ups are important from the age of 1, or within 6 months of the first tooth appearing. Always make a visit to the dentist a positive experience. Never use the dentist as a threat for not brushing teeth or other behaviour.

When to seek further help - See the dentist if your child develops any of the following: bleeding, red or swollen gums, pus coming from the gums, a bad taste in the mouth that won't go away, loose teeth (this can be caused by infected gums), abscesses (these can be under the teeth and will usually be very painful).

THIS MONTH'S POLICIES THAT ARE CURRENTLY BEING REVIEWED

Our Centre encourages parent feedback when we are reviewing our policies each month. This month we will review the below policies with our families. They will also be at the Centre for viewing, on our website and facebook page where all families are encouraged to read and provide feedback on the forms.

- 🚑 Authorisation of Medication Policy
- 🚑 Sick Children Policy
- 🚑 Medical Conditions Policy

Parent Feedback on Policies reviewed this Month

Please complete the section below if you have any comments, suggestions or feedback on the policies we are reviewing each month. Your feedback is valuable to us and is part of continuing improvement plan within our centre. Thank you.

Policy Name:

What I like about the Policy:

What I would like to see changed about the Policy:
